# Child Survival – Health and Nutrition in Disasters

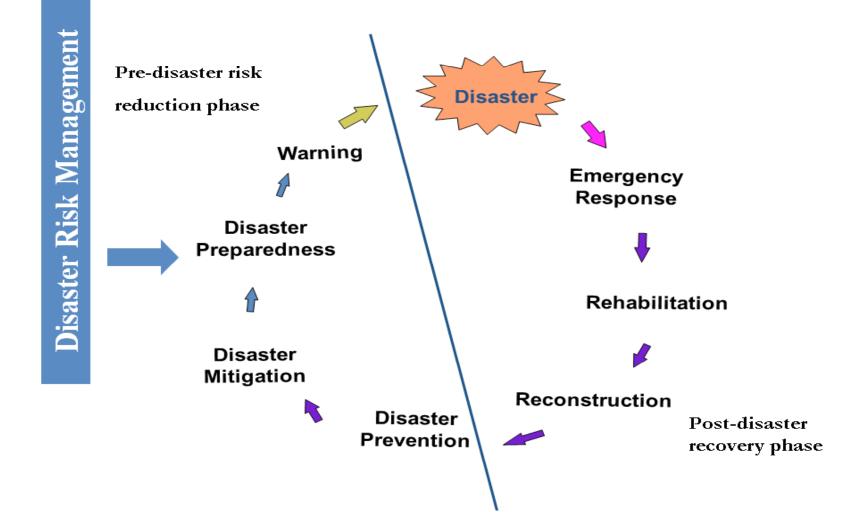


SAARC Training Program on Care, Protection and Participation of Children in Disasters

4 – 7 September 2018

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# Settings

Formed in 1995: UN, NGO, Academic, Donors

- Minimum Initial Service Package (MISP)
- Inter-agency Field Manual (IAFM)
  - The MISP
  - Comprehensive RH



Safe Motherhood



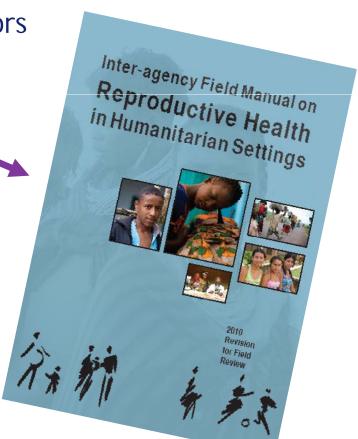
**Family Planning** 



Gender-based Violence



STI/HIV/AIDS



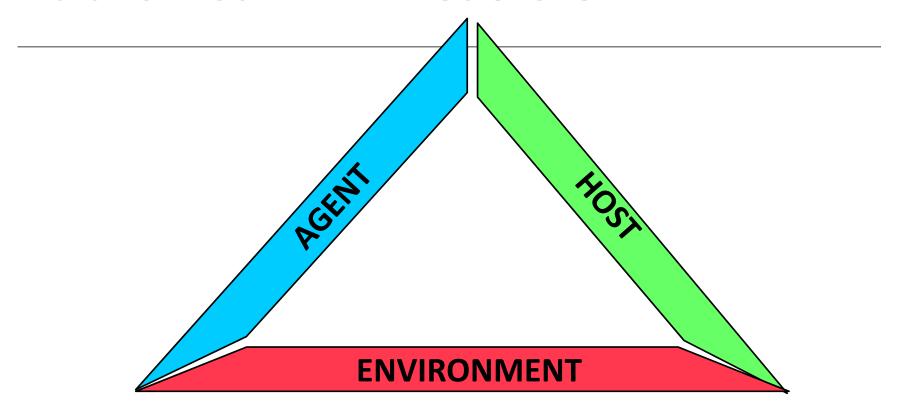
# **Disaster Risk Components**

## DISASTER RISK = HAZARD X EXPOSURE X VULNERABILITY

#### **CAPACITY**

Being exposed but not vulnerable Being vulnerable but not exposed

## **Public Health in Disasters**



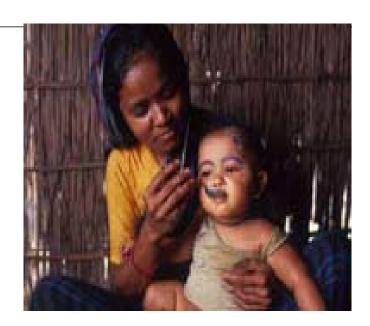
# **Infant & Child Mortality**



TRENDS & CAUSES

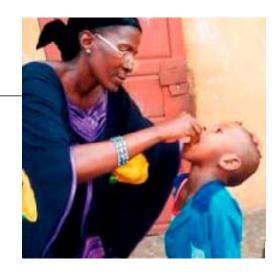
# **During Disasters**

- Diseases increase (Infectious and non infectious)
- Mother and children health status deteriorates
- Infrastructure requires improvement
- Less food and nutrition
- RESULTING IN HIGHER MORBIDITY AND MORTALITIES



## **Health Action**

- Improve Routine Immunization
- Vitamin A and Measles
- Health Information System/Disease Monitoring
- Prevent, Diagnose and Treat ARI, Diarrhea and Malaria
- Promote proper child feeding and deliver essential micronutrients
- Ensure safe pregnancy, childbirth and new born care





# Early phase of a crisis



## What is the MISP?

**Mimimum** 

basic, limited reproductive health

Initial

for use in emergency, without sitespecific needs assessment

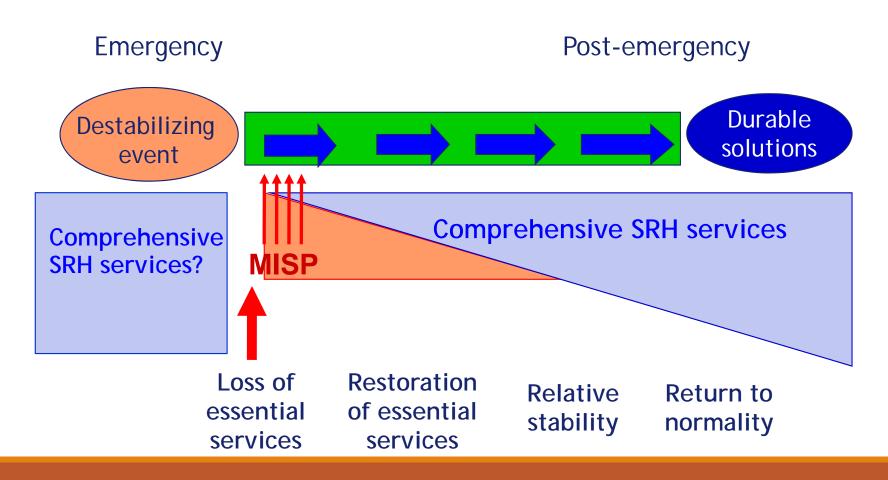
Service

services to be delivered to the population

**P**ackage

- supplies (e.g. RH kit) and activities
- coordination and planning

## ine continuum of an Emergency



# **HIV and Emergencies**

- AIDS can worsen and prolong the impact of emergencies and reduces capacities to respond to emergency situations
- People in crisis situations may adopt survival strategies exchanging sex for food, security and other necessities – that increase their risk for HIV
- HIV infection is irreversible. Adequate preventive measures must be taken at all times and particularly during emergencies
- Information Material, tracking, provision of PMTCT and ART drugs, psychosocial support, peer groups will help

#### **HIV and AIDS strategic result**

Vulnerability to HIV infection in humanitarian crisis is not increased and HIVrelated care needs arising from a humanitarian crisis are met

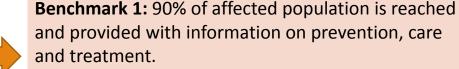
#### **Commitments**

**Commitment 1:** Children, young people and women have access to information regarding prevention, care and treatment.

**Commitment 2**: Children, young people and women access HIV and AIDS prevention, care and treatment during crisis.

**Commitment 3:** Prevention, care and treatment services for children, young people and women are continued.

#### **Benchmarks**



Benchmark 2: 80% of emergency-affected population has access to relevant HIV and AIDS prevention, care and treatment services, e.g., post-rape care including post-exposure prophylaxis, sexually transmitted infection treatment, prevention of mother-to-child transmission of HIV (PMTCT) and antiretroviral treatment (ART).



**Benchmark 3:** 80% of emergency-affected population previously on HIV-related care and treatment continue to receive antiretrovirals for PMTCT, and children and young people on ART continue receiving treatment.

# **Programme Actions**

**Preparedness** 

 Develop context-specific information material, identify and involve existing community networks and develop partnerships between clusters to ensure mainstreaming of HIV responses

Response

- Ensure coverage of HIV in health sector initiatives...
- Ensure continued access for patients to PMTCT and ART drugs
- Ensure provision of psychosocial support...

**Early Recovery** 

- Build and support existing peer networks
- Begin reestablishing prevention, care and treatment services that were affected by crisis and ensure confidentiality

# **Health Strategic Result**

Excess mortality among girls, boys and women in humanitarian crisis is prevented

#### Commitment

 Children and Women access life-saving interventions through population and community based activities

#### Benchmark

 95% coverage with measles vaccine, vitamin A and deworming medication in the relevant age group of the affected population

## Preparedness

 Develop and maintain an inventory of essential health supplies including vaccines, cold chain and essential drugs.

### Response

 Ensure rapid provision of measles vaccination and distribution of vitamin A, long lasting ITN and deworming medication.

## Early Recovery

 Provide critical inputs towards reestablishment of routine services e.g. cold chain for resumption of EPI

## **Role of Coordination**

## Preparedness

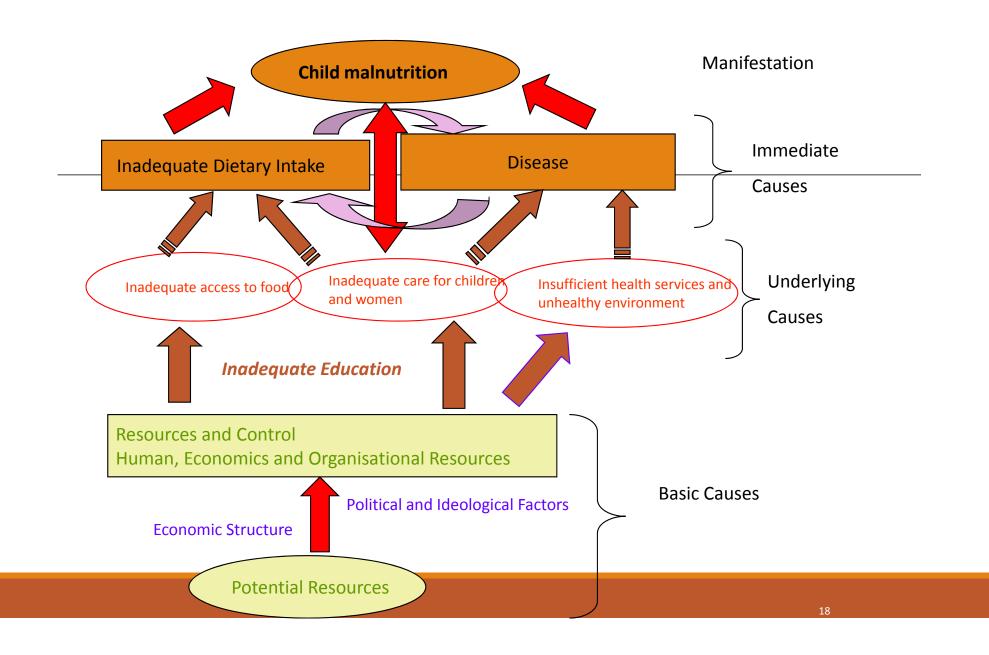
Strengthen existing coordination mechanisms in collaboration with national authorities

#### Response

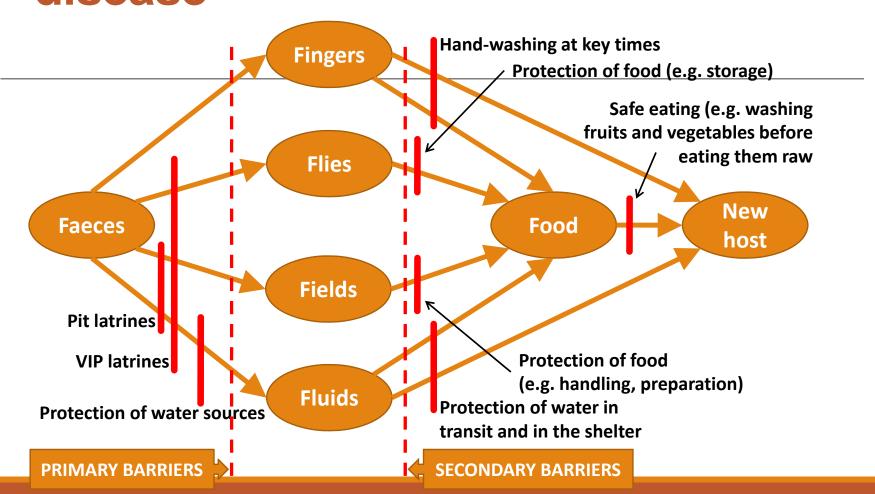
Support a strong health cluster coordination mechanism to ensure rapid assessments and implementation of appropriate response

## Early Recovery

Ensure that health coordination and action links to recovery and longterm development



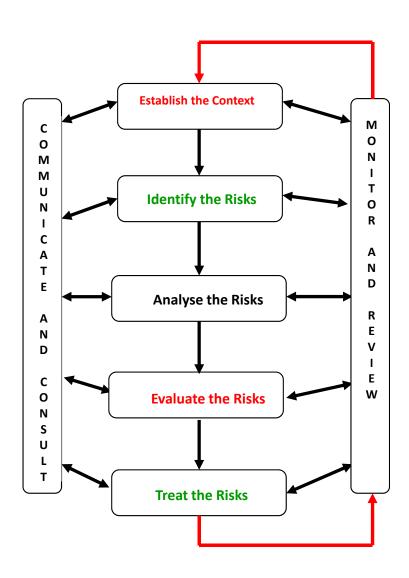
# Transmission of diarrhoeal disease



# **Key Learning Points**

- Importance of delivery of priority health services for children and women in humanitarian action
- Preparedness and prepositioning in health sector
- Behaviour change communication in humanitarian action
- Inter-sectoral linkages

# The DRM Process



## What are the CCCs?

Core Commitments for Children in Humanitarian Action









UNICEF's <u>core humanitarian policy</u> to uphold the rights of children affected by humanitarian crisis

Promote predictable, effective and timely collective humanitarian action

A framework based on norms and standards, around which UNICEF seeks to engage with partners



**Thank You** 

## **Preparedness and mitigation**

- Hazard mapping
- Available resource mapping
- Additional resource mapping
- Core team constitution
- Capacity building
- MoUs with key partners
- SOPs ready (prevention and treatment aspects)
- Fill identified inter-sectoral gaps

#### Relief and rescue

#### **FOCUS ON SAVING LIVES**

- Health personnel and ambulance equipped
- Emergency triaging
- Referral transport
- Emergency medicines
- Health facility equipped
- Quarantine, if required

### Recovery

#### PEOPLE USUALLY SHIFTED TO RELIEF CAMPS

- Water and sanitation issues
- Prioritize by line listing: Most sick, pregnant women, infants, lactating mothers, elderly
- Psychosocial support / counselling to maintain lactation, appetite
- Measles vaccine + Vitamin A after rapid coverage assessment
- Ensure supplies: ORS, Zinc, Chlorine / Halozen tablets,
   IFA, Amoxicillin / Cotrimozaxole

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### Recovery

#### **HEALTH AND NUTRITION ASSESSMENT**

- Daily surveillance system
- ◆ MUAC for 6 months 5 years
- Damage assessment to health facilities and anganwadi centers
- Health and nutrition personnel themselves affected

#### **RISKS:**

- Outbreak / epidemic
- Worsening of under-nutrition

#### Rehabilitation

#### POPULATION MOVES OUT OF RELIEF CAMPS

- Partially damaged equipment's / facilities repaired
- External help of health personnel fading out
- Difficult to get back to normalcy
- Worsening risk of outbreak / epidemic / under-nutrition as protective effect of relief camp wanes away

UNICEF

#### Reconstruction

- Fully damaged equipment's replaced
- Fully damaged facilities built / some times better
- Back to normalcy